Class Schedule 2024-2025

Class		Monday	Tuesday	Wednesday	Thursday	<u>Friday</u>	<u>Saturday</u>
Trot'n Tots	45 min Creative Movement		4:00PM				8:15AM
3-4 Year Old 1 Hr	1 Hr Ballet, Tap, Tumbling			4:00PM			9:00AM
4-5 Year Old 1 Hr	1 Hr Ballet, Tap, Tumbling			5:00PM	4:30PM		10:00AM
5-7 Year Old 1 Hr	1 Hr Ballet, Tap, Tumbling	4:00PM			5:30PM		11:00AM
6-9 Year Old 1.25 Hr	1.25 Hr Ballet, Tap, Jazz		5:15PM				9:15AM
8-11 Year Old 1.5 Hr	1.5 Hr Ballet, Tap, Jazz			4:30PM	6:30PM		
10-Up Dance for Theater	1.5 Hr Broadway Tap & Jazz	5:00PM					
Ballet/Pre-Pointe	1.5 Hr 9-up				5:00PM		
Ballet/Pointe 1	1.5 Hr ages 12-up*				6:30PM		
Pointe 2	45 Hr ages 12-up*	5:00PM					
Ballet 2/3	1Hr ages 12-up*	5:45PM					
Pointe 3	45 Hr ages 12-up*	6:45PM					
Pointe Technique & Stength	1 Hr Pointe Dancers				8:00PM		
Jazz 1	1 Hr ages 9-up*		6:00PM				
Jazz 2	1 Hr ages 12-up*		7:00PM				
Jazz 3	1 Hr ages 12-up*			6:00PM			
Jazz 4	1 Hr ages 12-up*			7:00PM			
Contemp/Lyrical 1	1 Hr ages 9-up*		7:00PM				
Contemp/Lyrical 2	1 Hr ages 12-up*		6:00PM				
Contemp/Lyrical 3	1 Hr ages 12-up*			7:00PM			
Contemp/Lyrical 4	1 Hr ages 12-up*			6:00PM			
Hip-Hop Intro	45 Min ages 5-8	4:15PM					
Hip-Hop 1 1 Hr	1 Hr ages 8-11				6:15PM		
Hip-Hop 2/3 1 Hr	1 Hr ages 12-up		8:00PM				
Adv Techniques	1.5 Hr ages 12-up*						10:30-12:00
Leaps, Turns, Tricks Adv 1/2	1 Hr Adv 1/2		5:00PM				
Leaps, Turns, Tricks Adv 3/4	1 Hr Adv 3/4	8:00PM					
YOGA!!!	1 Hr 14-up	6:40PM					
Rehearsal	Preformance Prep Time	4:00-5:30				4:00-8:00	12:00-6:00

^{*} Class placement is determined by Dance Institute Instructors